

*Is your child...*

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

## **SCHOOL-BASED BEHAVIORAL HEALTH**

*is the answer* – right down the hall.

### **Our services are...**

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our **Client Engagement Specialists at 518.426.2687**



*I'm Michelle Dillon,  
and I'm here to help*

**Michelle Dillon, LMHC  
School-Based Clinician**

**Northern Rivers Family of Services**

City School District of Albany

Albany International Center

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518.475.6909

**NORTHERNRIVERS**