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Adoption Navigation Services

A helping hand for a healthy home

Northern Rivers' Adoption Navigation Services helps families formed through adoption and guardianship find necessary resources for the variety of issues and needs that arise after finalization. Adoption Navigation Services support adoptive and postguardianship families, empowering them for growth and enabling positive outcomes for all involved. Our workers have extensive knowledge and lived experience parenting children with emotional, mental health, and trauma-based needs. This program is funded through a grant from the New York Office of Children and Family Services (OCFS).

How We Can Help

Our trauma-knowledgeable staff can provide families with:

- An understanding the crises adopted children and youth in guardianship face, as well as strategies to help parents with parenting challenges along with emotional support for navigating the complexities that adoptive and guardianship families face
- A connection to services, providers, and trainings tailored to those who have adopted or who have children in guardianship care
- Assistance in meeting the needs of youth so that the family can avoid out-of-home placements

Available Services

- A helpline available is available by calling 518.426.2641 or by emailing adoptionnavigationservices@nrfs.org for information and referrals
- Case management to help families access services
- Support groups for parents, currently done through Zoom virtual meetings
- Activities for families both in person and through Zoom virtual meetings
- Training opportunities for parents and professionals
- Support to access appropriate educational needs
- Referral to a local adoptive-sensitive practitioner

Who Is Eligible?

Families who have an adopted child younger than age 21 still living at home or who have legal guardianship or a kinGAP agreement for a child younger than age 18 living at home and who reside in Albany, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Warren, or Washington County are eligible for this free service.

Getting Started and Inquiries

Families interested in our services should call our team at 518.426.2888, and we will be happy to talk about enrolling you in our program.

For more information, call 518.426.2641 or email adoptionnavigationservices@nrfs.org. We are committed to responding to inquiries as quickly as possible.

These services are provided by Northern Rivers Family of Services and member agencies.

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